

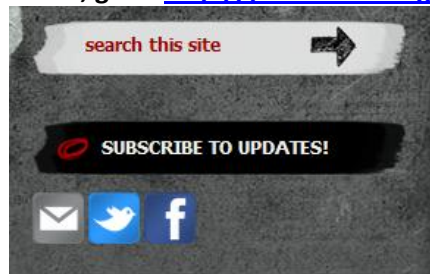
Subscribing to Wildcat Wrestling activities

To easily keep up to date with Wildcat Wrestling, we recommend that parents and boosters subscribe to **two** services:

➤ <http://planowrestling.org> updates. You can subscribe to updates three ways, depending on what you're most comfortable with.

1. **Email.** With this method, you'll get an email every time a new post is made on the website so you don't have to keep checking the website for new information. These posts are general updates about the team that go to everyone, including our Facebook fans and Twitter users. Any new mail updates at the website will show up in your inbox between 7 and 9 AM the next day.

a. To do this, go to <http://planowrestling.org> and click on the envelope icon:



- b. On the Feedburner page that comes up in your browser, click on **Get Plano Senior High School Wrestling delivered by email** in the Subscribe now! box.
 - c. Enter your email address and the anti-spam characters to confirm the subscription. (No, we won't use your email address for anything other than this. We don't even know how 😊.) You're all set!
 - d. You can drop the subscription any time by simply clicking on **unsubscribe** in any of the emails you'll receive.
2. **Facebook.** Look up the "Plano Wrestling" page and Like it. You're done! (See why social media is so popular?)
 3. **Twitter.** Follow **@planowrestling**. You're done! (See why social media is so popular?) We will be using Twitter to provide real-time updates and results from tournaments. You won't have to use Twitter to see these; simply go to the <http://planowrestling.org> home page and look at the Twitter feed on the left.
- **PlanoWrestling Google group email.** This group is specifically for booster communication that doesn't need to go out to the whole community. Examples are help requests for donors, volunteer information, etc.
1. To subscribe to the group, go to <http://groups.google.com/group/planowrestling> and choose **Apply for membership**.
 2. Fill out the information, and how often you want to receive email. To get timely notification, we recommend **Email** option as the way to receive mail from this group (there won't be too much email).